LEXINGTON HIGH SCHOOL& JR HIGH MENU 2022-2023

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Break- fast	Cereal Bowl Fruit, Cheese Stick Fruit Juice , Milk	Cereal Bowl Fruit, Cheese Stick Fruit Juice, Milk	Cereal Bowl Fruit, Cheese Stick Fruit Juice, Milk	Cereal Bowl Fruit, Cheese Stick Fruit Juice, Milk	Cereal Bowl Fruit, Cheese Stick Fruit Juice, Milk
Menu # 1	Mexican Bar Vegetable Fruit Assorted Milk	Mexican Bar Vegetable Fruit Assorted Milk	Bosco Sticks Marinara Sauce Carrots Cookie Fruit Assorted Milk	Popcorn Chicken Mashed Potatoes Corn Bread Fruit Assorted Milk	Dutch Waffle or French Toast Sticks Sausage Tator Tots Green Beans Fruit Assorted Milk
Menu # 2	Pasta Bar Vegetable Fruit Assorted Milk	Pasta Bar Vegetable Fruit Assorted Milk	Chicken Finger Wrap Black Beans Cookie Fruit Assorted Milk	Bosco Sticks Marinara Sauce Carrots Fruit Assorted Milk	Chicken Nuggets Green Beans Dinner Roll Fruit Assorted Milk
Menu # 3	Asian Bar Vegetable Fruit Assorted Milk	Asian Bar Vegetable Fruit Assorted Milk	Bosco Sticks Marinara Sauce Carrots Cookie Fruit Assorted Milk	Popcorn Chicken Mashed Potatoes Corn Bread Fruit Assorted Milk	Dutch Waffle or French Toast Sticks Sausage Tater tots Green Beans Fruit Assorted Milk
Menu # 4	Sandwich Bar Vegetable Fruit Assorted Milk	Sandwich Bar Vegetable Fruit Assorted Milk	Chicken Tenders French Fires Vegetable Cookie Fruit Assorted Milk	Time Warp Broccoli Fruit Assorted Milk	Bosco Sticks Marinara Sauce Carrots Fruit Assorted Milk



Lexington Schools

Breakfast: \$1.50 / Reduced \$.30 Lunch: \$3.25/3.50 Reduced \$.40 Extra Milk \$.50

Alternative Lunch Meal:

Pizza, Protein Salad or Sandwiches

We are a Team Nutrition School

- Parents are encouraged to prepay for student's school meals using Pay School Central available on the school's website (www.lexington.k12.oh.us)or by check or cash.
- A 1/2 cup of Fruit or 1/2 cup Vegetable is required to make a complete meal.
- A choice of fat free white and flavored milk is offered with each school meal.
- Menu is subject to change without notice

Offer vs Serve:

Lunch - Student may decline 2 of the 5 items offered. Breakfast - Student may decline 1 of the 4 items offered.

> Tricia Volz, Food Service Supervisor volz.tricia@lexington.k12.oh.us 419-884-2192

What's for lunch today? Follow the color coded calendar to our 4 week cycle menu

(Note that last week of school is Cooks Choice Menu)

SEPTEMBER 2022					
M	T	W	T	F	
			1	2	
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
26	27	28	29	30	











T	W 1	T 2	F 3
	1	2	3
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7	8	9	10
14	15	16	17
21	22	23	24
28	29	30	31
	21	21 22	14 15 16 21 22 23 28 29 30

	APRIL 2023					
M	T	W	T	F		
3	4	5	6	7		
10	11	12	13	14		
17	18	19	20	21		
24	25	26	27	28		

MAY 2023							
M	T	W	T	I			
1	2	3	4	-			
8	9	10	11	1			
15	16	17	18	1			
22	23	24	25	2			
29	30	31					

