



Lexington Youth Wrestling



Your student has shown an interest in the Lexington Youth Wrestling Program. We believe the exposure to the fundamentals, skills, and techniques at this level have had a major contribution to the strength and tradition of the Lexington Wrestling program.

Sign-ups will be on **MONDAY NOVEMBER 26, 2018** and include a Parent/Wrestler meeting in the Lexington High School Wrestling room at 5:30 pm. This meeting will be with Coach Gillson and he will explain his expectations of both wrestlers and parents for the upcoming wrestling season.

Practices start on **WEDNESDAY, NOV. 28, 2018**

WHO

Any 1st through 6th grade student who wants to learn and improve to be a Lexington Wrestler.

WHEN/WHERE

5:00-6:00 pm- MON, WED & THURS. at the Lexington Middle School Wrestling room (located at the High School)

COST

\$50.00 per individual (\$40.00 each sibling thereafter) Cost includes: 3 practice sessions per week a team T-shirt and entry into the Lexington Bidy Tournament.

Please make checks payable to: Lexington Athletic Boosters

ATTENTION PARENTS!!!!!! Completed forms & entry fees are to be turned in on MONDAY NOVEMBER 26, 2018!

For any questions please contact Lexington Wrestling Head Youth Coach Jeff Gillson at 937-470-2952

EVERY EFFORT will be made to match wrestlers of the same age, weight and experience. We encourage wrestlers to bring a friend who best matches their level to insure proper pairings in practice and "live" wrestling.

PRACTICE ATTIRE will be shirt, shorts, and, or tight fitting sweat pants/leggings, [wrestling shoes (no street shoes) and head gear is encouraged.]

ALL PARENTS (especially 1st -3rd grade) are encouraged to watch and support their wrestler during practices.

YOUTH TOURNAMENT entry fees to the Lexington Bidy tournament is free for members of Lexington Youth Wrestling Program. All fees for any other tournament are not covered. Participation in tournaments is not mandatory but encouraged athletes may participate in as many or as few tournaments as they want. Coach Gillson will let you know which tournaments he will be at to help coach your athletes.