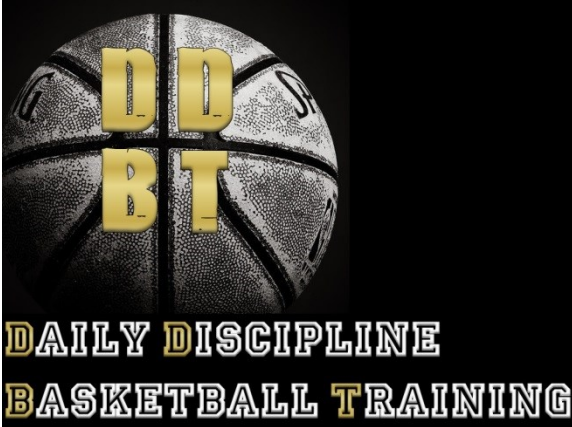


DAILY DISCIPLINE BASKETBALL TRAINING



D.D.B.T.

Setting goals is easy. Reaching goals can be difficult. Commitment, character, and self-discipline are the foundation upon which greatness can be built.

At Daily Discipline Basketball Training sessions, aspiring basketball players will be taught the tools and skills to make them successful young men and women, on and off the basketball court.

Committing to consistent, disciplined training is the first step toward reaching a goal. Every day is important. Never miss an opportunity to improve.

- Tyler Munro and Mike Grist

GENERAL INFORMATION

WHO: BOYS AND GIRLS GRADES 5-12

2014-15 SCHOOL YEAR

WHAT: 60 MINUTE TRAINING SESSIONS

WHEN: FRIDAY-SUNDAY SESSIONS*

WHERE: LEXINGTON HIGH SCHOOL GYM

PRICING INFORMATION

**\$25 PER 60 MINUTE
TRAINING SESSION**

VISIT DailyDisciplineBasketball.weebly.com FOR MORE DETAILS

SPECIFIC DATES, TIMES, AND AGE GROUPS WILL BE POSTED ONLINE

MAKE CHECKS PAYABLE TO LEXINGTON ATHLETIC DEPARTMENT

Medical Release: I hereby agree that the camper listed has been examined and found in good physical health. He/she is able to partake in the drills and competitive activity of the camp itself. I, as the parent or legal guardian, will be responsible for all medical charges of my son/daughter during this camp session. I hereby waive and release the D.D.S.D. Basketball Training Camp from any and all liabilities incurred while at the camp.

Parent/Guardian _____

If you have any questions, please contact the coaches via email at DailyDisciplineBasketball@yahoo.com